



Important risk minimization information for healthcare professionals

## **EDUCATIONAL MATERIAL FOR HEALTHCARE PROFESSIONALS**

The educational material for healthcare professionals contains the following elements:

### **Part 1**

**Important information for healthcare professionals about the serious risks associated with Caprelisa**

- Serious risks for both paediatric and adult population
- Risks applicable only for the paediatric population: Risk of teeth and bone abnormalities and Risk of medications errors

### **Part 2**

**Caprelisa physicians' dosing and monitoring guide for paediatric patients**

**PART 1**  
IMPORTANT INFORMATION FOR  
HEALTHCARE PROFESSIONALS ABOUT  
THE SERIOUS RISKS ASSOCIATED  
WITH CAPRELSA

Important information for healthcare  
professionals about the serious risks  
associated with Caprelsa

# Serious risks for both paediatric and adult population

## WARNING: QTc PROLONGATION, TORSADES DE POINTES, SUDDEN DEATH AND POSTERIOR REVERSIBLE ENCEPHALOPATHY SYNDROME (PRES; ALSO KNOWN AS REVERSIBLE POSTERIOR LEUKOENCEPHALOPATHY SYNDROME [RPLS])

- CAPRELSA can prolong the QTc interval; cases of Torsades de pointes and sudden death have been reported in clinical trials in patients receiving CAPRELSA
- Cases of posterior reversible encephalopathy syndrome (PRES; also known as RPLS) have been reported in clinical trials in patients receiving CAPRELSA
- CAPRELSA should not be used in patients with hypocalcaemia, hypokalaemia or hypomagnesaemia. CAPRELSA treatment must not be started in those patients whose QTc interval is >480 msec, who have congenital long QTc syndrome or who have a history of Torsades de pointes unless all risk factors that contributed to Torsades have been corrected. Hypocalcaemia, hypokalaemia and/or hypomagnesaemia must be corrected prior to CAPRELSA administration and should be periodically monitored
- Drugs known to prolong the QTc interval are contraindicated or are not recommended. If a drug known to prolong the QTc interval must be administered, more frequent ECG monitoring is recommended
- Given the half-life of 19 days, ECGs should be obtained to monitor the QTc at baseline, and 1, 3, 6 and 12 weeks after starting treatment with CAPRELSA and every 3 months for at least a year thereafter. Following any dose reduction for QTc prolongation, or any dose interruptions greater than 2 weeks, QTc assessment should be conducted as described above

- Because of the 19-day half-life, adverse reactions including a prolonged QTc interval may not resolve quickly. Monitor appropriately

Reporting suspected adverse reactions after authorisation of the medicinal product is important. It allows continued monitoring of the benefit/risk balance of the medicinal product. Healthcare professionals are asked to report any suspected adverse reactions directly to:

*Placeholder for country specific Adverse Event Reporting authorities*

Adverse reactions should also be reported to Sanofi

*Placeholder for Sanofi PV contact details*

Physicians prescribing CAPRELSA (vandetanib) **should:**

- Review the HCP education materials and the full Product Information for CAPRELSA, including:
  - Risk information including QTc prolongation, Torsades de pointes, sudden death and PRES (also known as RPLS) with CAPRELSA
  - Considerations for patient selection
  - ECG and electrolyte monitoring requirements
  - Drug interaction information
- Review the Patient Alert Card and explain its role and use to patients who will receive CAPRELSA. The patient should be provided with the Patient Alert Card with each prescription.
  - It is important to counsel patients about the risk of prolonged QTc and PRES and inform them of what symptoms and signs to be aware of and actions to take.

These education materials focus on the risks of QTc prolongation, Torsades de pointes, sudden death and PRES associated with CAPRELSA. These are not the only risks associated with CAPRELSA. Please see the accompanying full Product Information for CAPRELSA.

Report cases of QTc prolongation, Torsades de pointes, sudden death and PRES to Sanofi Genzyme; case reporting should respect national pharmacovigilance legislation.

## QT prolongation, Torsades de pointes and sudden death

- Torsades de pointes, ventricular tachycardia and sudden deaths have been reported in patients administered CAPRELSA
- CAPRELSA can prolong the QTc interval in a concentration-dependent manner
- Diarrhoea can cause electrolyte imbalances, which can increase the risk of prolongation of the electrocardiogram (ECG) QTc interval
- Diarrhoea can lead to dehydration and worsening renal function
- Please see the accompanying full Product Information for CAPRELSA for more information

## Drug interactions

- Concomitant use of CAPRELSA with medicinal products known to also prolong the QTc interval and/or induce Torsades de pointes is either contraindicated or not recommended depending on existing alternative therapies:
  - Combinations contraindicated: cisapride, erythromycin intravenous (IV), toremifene, mizolastine, moxifloxacin, arsenic and Class IA and III antiarrhythmics
  - Combinations not recommended: methadone, amisulpride, chlorpromazine, haloperidol, sulpiride, zuclopenthixol, halofantrine, pentamidine, lumefantrine and ondansetron
- If there is no appropriate alternative therapy, not recommended combinations with CAPRELSA may be made with additional ECG monitoring of the QTc interval, evaluation of electrolytes and further control at onset or worsening of diarrhoea

## Posterior reversible encephalopathy syndrome (reversible posterior leukoencephalopathy syndrome)

- Posterior reversible encephalopathy syndrome (PRES; also known as reversible posterior leukoencephalopathy syndrome [RPLS]) is a syndrome of subcortical vasogenic oedema diagnosed by an MRI of the brain
- PRES has been reported infrequently in patients administered CAPRELSA. There have been no confirmed cases of PRES in patients with medullary thyroid cancer receiving CAPRELSA; however, cases of PRES have occurred in the CAPRELSA clinical programme
- This syndrome should be considered in any patient presenting with seizures, headaches, visual disturbances, confusion or altered mental function
- Patients should be informed of the symptoms of PRES and should be instructed to contact a physician immediately if they experience any of the symptoms
- If a patient presents with symptoms suggestive of PRES, it is recommended that physicians immediately perform an MRI of the brain

### Patient selection

- CAPRELSA should not be administered to patients in whom rearranged during transfection (RET) mutation status is not known or is negative.
- Prior to initiation of treatment with vandetanib, the presence of a RET mutation should be determined by a validated test.

When thinking about the risks of QTc prolongation, Torsades de pointes, sudden death and PRES (also known as RPLS) associated with CAPRELSA, consider the following when deciding whether a patient is appropriate for CAPRELSA treatment.

### Considerations for patient selection

- Do not use CAPRELSA in patients with congenital long QTc syndrome
- CAPRELSA treatment must not be started in patients whose QTc interval is >480 msec
- CAPRELSA should not be given to patients who have a history of:
  - Torsades de pointes
  - Bradyarrhythmias
  - Uncompensated heart failure
- CAPRELSA has not been studied in patients with ventricular arrhythmias or recent myocardial infarction

### Other facts about CAPRELSA

- In patients with pre-existing hypertension, blood pressure needs to be controlled before starting CAPRELSA treatment
- Fatigue, asthenia and weight loss have been identified as side effects of CAPRELSA; the occurrence of any of these conditions, especially in the elderly, may increase the risk of pneumonia
- All cases of adverse events should be reported to Sanofi Genzyme; case reporting should respect national pharmacovigilance legislation

## ECG monitoring

### Recommendations for ECG monitoring

- ECGs should be obtained:
  - At baseline
  - 1, 3, 6 and 12 weeks after starting treatment with CAPRELSA and every 3 months for at least a year thereafter – ECGs and blood tests should also be obtained as clinically indicated during this period and afterwards
  - Following any dose reduction for QTc prolongation or any dose interruptions >2 weeks (monitor as described above)
- Patients who develop a single value of QTc interval  $\geq$  500 msec should stop taking CAPRELSA. Dosing can be resumed at a reduced dose after return of the QTc interval to pretreatment status has been confirmed and correction of possible electrolyte imbalance has been made
- If QTc increases markedly but stays below 500 msec, cardiologist advice should be sought
- ECGs may require more frequent monitoring in cases of diarrhoea/ dehydration, electrolyte imbalance and/or impaired renal function

## Electrolyte monitoring

### Recommendations for electrolyte monitoring

- To help reduce the risk of QTc prolongation:
  - Serum potassium, magnesium and calcium levels should be kept within normal range
- Levels of serum potassium, calcium, magnesium and thyroid-stimulating hormone (TSH) should be obtained:
  - At baseline
  - 1, 3, 6 and 12 weeks after starting treatment with CAPRELSA and every 3 months for at least a year thereafter – ECGs and blood tests should also be obtained as clinically indicated during this period and afterwards
  - Following any dose reduction for QTc prolongation or any dose interruptions >2 weeks (monitor as described above)
- Electrolytes may require more frequent monitoring in cases of diarrhoea/ dehydration, electrolyte imbalance and/or impaired renal function



## **PART 2**

### CAPRELSA PHYSICIANS' DOSING AND MONITORING GUIDE FOR PAEDIATRIC PATIENTS

**PART**

**2**



This Dosing and Monitoring guide for Caprelisa is made to help you to find the right dose and dose adjustments according to the Body Surface Area (BSA) of paediatric patients.

To avoid the risk of **medication errors** induced by the different dose regimens, you also will have to complete the patient dosing and monitoring guide (daily tracker table) at first prescription and for each dose adjustment.

### What is Caprelisa and what does it treat?

Caprelisa (vandetanib), is an orally administered Tyrosine Kinase Inhibitor (TKI) with activity against the Rearranged during transfection (RET) proto-oncogene, the Vascular Endothelial Growth Factor receptor (VEGFR) and Epidermal Growth Factor Receptor (EGFR).



The precise mechanism of action of vandetanib in locally advanced or metastatic medullary thyroid cancer (MTC) is unknown.

**Caprelisa is indicated for the treatment of aggressive and symptomatic RET mutant medullary thyroid cancer (MTC) in patients with unresectable locally advanced or metastatic disease.**

**Caprelisa is indicated in adults, children and adolescents aged 5 years and older and a body surface area (BSA) of  $\geq 0.7 \text{ m}^2$ .**

**Prior to initiation of treatment with Caprelisa, the presence of a RET mutation should be determined by a validated test.**

The product is formulated as immediate release tablets of two strengths.

<b>100 mg</b> 	<b>300 mg</b> 
<p>The 100 mg strength is presented as a round, biconvex, white, film-coated tablet with 'Z100' impressed on one side; the other side is plain.</p>	<p>The 300 mg strength is presented as an oval-shaped, biconvex, white, film-coated tablet with 'Z300' impressed on one side; the other side is plain.</p>

## How is the dose of Caprelsa calculated for infants and children?

### Calculation of the body surface area

Dosing for paediatric patients should be on the basis of BSA in mg/m<sup>2</sup> calculated according to the formula below (or other formula adapted for paediatric patients):

$$\sqrt{\text{Height (cm)} \times \text{Weight (kg)} \div 3600} = \text{BSA (m}^2\text{)}$$

### Example of dose calculation

If a patient's height = 125 cm and weight = 35 kg

$$\sqrt{125 \times 35 \div 3600} = 1.10 \text{ m}^2$$

BSA should be measured to the nearest 2 decimal places.

### Caprelsa posology regimens according to the patient's BSA

There are 4 main posology regimens, depending of the BSA (see overview in table 1).

Each regimen includes a **starting dose**, which can be changed for:

- an **increased dose**, when vandetanib is well tolerated after 8 weeks at the starting dose
- a **reduced dose**, in case of undesirable side effects

Depending on cases, the dosage schedule corresponds to one of the 3 following schemes:

- **“daily” schedule** (same dose every day: D1=D2=D3 etc)
- **“every other day” schedule** (same dose every other day D1=D3=D5 etc)
- **“7 day” schedule** (two doses alternately, be aware that D1 = D8)

Patients aged 5-18 years should be dosed according to the nomogram in Table 1.

**Table 1: Dosing nomogram for Paediatric Patients with MTC**

BSA (m <sup>2</sup> )	Start dose* (mg)	Dose increase (mg) when tolerated well after 8 weeks at starting dose	Dose reduction (mg)
0.7 - <0.9	100 every other day	100 daily	-
0.9 - <1.2	100 daily	7 day schedule: 100-200-100-200-100-200-100	100 every other day
1.2 - <1.6	7 day schedule: 100-200-100-200-100-200-100	200 daily	100 daily
≥ 1.6	200 daily	300 daily	7 day schedule: 100-200-100-200-100-200-100

\* The starting dose is the dose at which treatment should be initiated. Vandetanib doses higher than 150 mg/m<sup>2</sup> have not been used in clinical studies in paediatric patients.

**The total daily dose in children must not exceed 300 mg.**

For children with **moderate renal impairment, the reduced dose** as specified in Table 1 could be used. Individual patient management will be required by the physician, especially in paediatric patients with low BSA.

Vandetanib is not recommended in paediatric patients with severe renal impairment.

Vandetanib is not recommended for children with hepatic impairment.

**Patients with an adverse reaction requiring a dose reduction should stop taking vandetanib for at least a week.** Dosing can be resumed at a reduced dose thereafter when fully recovered from adverse reactions.

In the event of CTCAE grade 3 or higher toxicity or prolongation of the ECG QTc interval, dosing with vandetanib should be at least temporarily stopped and resumed at a reduced dose when toxicity has resolved or improved to CTCAE grade 1:




- Patients who are on the starting dose, should be recommenced at the reduced dose.
- Patients who are on the increased dose, should be recommenced at the starting dose.

If another event of common terminology criteria for adverse events (CTCAE) grade 3 or higher toxicity or prolongation of the ECG QTc interval occurs, dosing with vandetanib should be at least temporarily stopped and resumed at a reduced dose when toxicity has resolved or improved to CTCAE grade 1.

If a further event of CTCAE grade 3 or higher toxicity or prolongation of the ECG QTc interval occurs, dosing with vandetanib should be permanently stopped.

**The patient must be monitored appropriately** (see last part of guide and section 4.4 of SmPC). Due to the 19 day half-life, adverse reactions including a prolonged QTc interval may not resolve quickly.

Detailed recommendations by BSA ranges for a 14 day schedule (Tables 2 to 5)

DOSES AVAILABLE	
100 mg	
200 mg	
300 mg	

Be aware that the “7 day” schedule includes 2 consecutive days with the same dose.

Table 2: Caprelisa posology regimen for children with BSA 0.7 m<sup>2</sup> to <0.9 m<sup>2</sup>\*

Dose	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Starting dose <sup>a</sup>	-	100 mg	-	100 mg	-	100 mg	-	100 mg	-	100 mg	-	100 mg	-	100 mg
Increased dose <sup>b</sup>	100 mg	100 mg	100 mg	100 mg	100 mg	100 mg	100 mg	100 mg	100 mg	100 mg	100 mg	100 mg	100 mg	100 mg

\* A reduced dose is not applicable: in case of side effects, treatment has to be suspended as described above.

<sup>a</sup> The starting dose is the dose at which treatment should be initiated.

<sup>b</sup> Higher vandetanib doses than 150 mg/m<sup>2</sup> have not been used in clinical studies in paediatric patients.

Table 3: Caprelisa posology regimen for children with BSA 0.9 m<sup>2</sup> to <1.2 m<sup>2</sup>

Dose	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Starting dose <sup>a</sup>	100 mg	100 mg	100 mg	100 mg	100 mg	100 mg	100 mg	100 mg	100 mg	100 mg	100 mg	100 mg	100 mg	100 mg
Increased dose <sup>b</sup>	100 mg	200 mg	100 mg	200 mg	100 mg	200 mg	100 mg	100 mg	200 mg	100 mg	200 mg	100 mg	200 mg	100 mg
Reduced dose <sup>c</sup>	-	100 mg	-	100 mg	-	100 mg	-	100 mg	-	100 mg	-	100 mg	-	100 mg

<sup>a</sup> The starting dose is the dose at which treatment should be initiated.

<sup>b</sup> Higher vandetanib doses than 150 mg/m<sup>2</sup> have not been used in clinical studies in paediatric patients.

<sup>c</sup> Patients with an adverse reaction requiring a dose reduction should stop taking vandetanib for at least a week. Dosing can be resumed at a reduced dose thereafter when fully recovered from adverse reactions.

Table 4: Caprelsa posology regimen for children with BSA 1.2m<sup>2</sup> to <1.6 m<sup>2</sup>

Dose	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Starting dose<sup>a</sup></b>	100 mg	200 mg	100 mg	200 mg	100 mg	200 mg	100 mg	100 mg	200 mg	100 mg	200 mg	100 mg	200 mg	100 mg
<b>Increased dose<sup>b</sup></b>	200 mg	200 mg	200 mg	200 mg	200 mg	200 mg	200 mg	200 mg	200 mg	200 mg	200 mg	200 mg	200 mg	200 mg
<b>Reduced dose<sup>c</sup></b>	100 mg	100 mg	100 mg	100 mg	100 mg	100 mg	100 mg	100 mg	100 mg	100 mg	100 mg	100 mg	100 mg	100 mg

<sup>a</sup> The starting dose is the dose at which treatment should be initiated.

<sup>b</sup> Higher vandetanib doses than 150 mg/m<sup>2</sup> have not been used in clinical studies in paediatric patients.

<sup>c</sup> Patients with an adverse reaction requiring a dose reduction should stop taking vandetanib for at least a week. Dosing can be resumed at a reduced dose thereafter when fully recovered from adverse reactions.

Table 5: Caprelsa posology regimen for children with BSA ≥ 1.6 m<sup>2</sup>

Dose	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Starting dose<sup>a</sup></b>	200 mg	200 mg	200 mg	200 mg	200 mg	200 mg	200 mg	200 mg	200 mg	200 mg	200 mg	200 mg	200 mg	200 mg
<b>Increased dose<sup>b</sup></b>	300 mg	300 mg	300 mg	300 mg	300 mg	300 mg	300 mg	300 mg	300 mg	300 mg	300 mg	300 mg	300 mg	300 mg
<b>Reduced dose<sup>c</sup></b>	100 mg	200 mg	100 mg	200 mg	100 mg	200 mg	100 mg	100 mg	200 mg	100 mg	200 mg	100 mg	200 mg	100 mg

<sup>a</sup> The starting dose is the dose at which treatment should be initiated.

<sup>b</sup> Higher vandetanib doses than 150 mg/m<sup>2</sup> have not been used in clinical studies in paediatric patients.

<sup>c</sup> Patients with an adverse reaction requiring a dose reduction should stop taking vandetanib for at least a week. Dosing can be resumed at a reduced dose thereafter when fully recovered from adverse reactions.

## How is Caprelisa used?

The calculated dose should be taken with or without food at about the same time of the day.

For patients who have difficulty swallowing, Caprelisa tablets may be dispersed in half a glass of non-carbonated drinking water. No other liquids should be used. The tablet is to be dropped in water, without crushing, stirred until dispersed (approximately 10 minutes) and the resultant dispersion swallowed immediately. Any residues in the glass are to be mixed with half a glass of water and swallowed. The liquid can also be administered through nasogastric or gastrostomy tubes.

For paediatric patients following QD posology regimens, if a dose is missed, it should be taken as soon as the patients or caregivers of patients treated with vandetanib remember. If it is less than 12 hours to the next dose, the patient should not take the missed dose. Patients should not take a double dose (two doses at the same time) to make up for a forgotten dose.

## Dosing and monitoring guide for paediatric patients and caregivers of patients treated with Caprelisa

Patients and/or caregivers of patients treated with Caprelisa must be given the **dosing guide** and the **patient alert card** which are available in order:

- to inform patients or patient's caregivers and any healthcare professional about the risks associated with vandetanib treatment and the posology regimens
- to promote compliance and monitoring to reduce the risk of side effects and medication errors

The physician has to complete the "prescriber part" with the BSA of the patient and the recommended posology regimen. The patient has to complete the tracker daily and has the possibility to make comments.

At the time of initial prescription and at each subsequent dose adjustment (increase, decrease or by change in the BSA range), a new sheet of the daily tracker must be used and provided to the patient or patient's caregiver.

**SmPC has to be provided with physician guide.**

## Call for reporting

Healthcare professionals are encouraged to report all the adverse events suspected to be associated with the use of CAPRELSA to the Medicines Authority. Report Form can be downloaded from <http://www.medicinesauthority.gov.mt/adrportal> and sent to Post-licensing Directorate, Sir Temi Żammit Buildings, Malta Life Sciences Park, San Ġwann SĠN 3000 Malta, or by e-mail to [postlicensing.medicinesauthority@gov.mt](mailto:postlicensing.medicinesauthority@gov.mt)  
ADR Reporting Website: [www.medicinesauthority.gov.mt/adrportal](http://www.medicinesauthority.gov.mt/adrportal)

Alternatively any suspected adverse reactions can be reported to Sanofi Srl, Viale Luigi Bodio, 37/b - 20158 Milano, Italy at [PharmacovigilanceMalta@sanofi.com](mailto:PharmacovigilanceMalta@sanofi.com)

Approved by the Medicines Authority on 29 Sep 2023