

## Chart for ongoing monitoring during methylphenidate (MPH) treatment

As outlined in the prescribing information in more detail, growth, psychiatric and cardiovascular status should be regularly monitored:

- Blood pressure and pulse should be recorded at each adjustment of dose and then at least every 6 months
- Height, weight and appetite should be recorded at least 6-monthly with maintenance of a growth chart - only applicable to children and adolescents below 18 years of age
- Development of *de novo* or worsening of pre-existing psychiatric disorders should be monitored at every adjustment of dose and then at least every 6 months and at every visit

Date of initial assessment:

Patient name:

Date of birth:

Age:

Gender:

	Baseline	Subsequent appointments											
Date of assessment													
Reason for assessment													
Blood pressure*													
Heart rate*													
Body weight (kg)**													
Height (cm)**													
Appetite**													

\*Blood pressure and heart rate should be recorded at each adjustment of dose and then at least every 6 months

\*\*Height, weight and appetite should be recorded at least 6-monthly with maintenance of a growth chart and is only applicable to children and adolescents below 18 years of age