

**Emtricitabine/ Tenofovir disoproxil Mylan PrEP Patient reminder Card,
Global Version v. 1.1/01Nov2021**

This EM contains important safety information about Invented name (**Emtricitabine/ Tenofovir disoproxil Mylan**) and advice on risk minimisation.

This booklet was developed by MAH.

Reporting suspected adverse reactions after authorisation of the medicinal product is important. It allows continued monitoring of the benefit/risk balance of the medicinal product. Healthcare professionals are asked to report any suspected adverse reactions to: Medicines Authority at <http://www.medicinesauthority.gov.mt/adrportal>

Adverse reactions/events should also be reported to MAH at e-mail address or to the local representative of Viatrix : V.J. Salomone Pharma Ltd., Upper Cross Road, Marsa MRS1542, Malta, Tel:+356 21 220 174 and 24h PV mobile +356 99644126

Reminder Card

Patient Initials: DOB: Gender: M F Age:

You have been prescribed Emtricitabine/Tenofovir disoproxil Mylan for PrEP (pre- exposure prophylaxis) to help reduce the risk of getting HIV-1 infection. In order for this medicine to work effectively it is important that you don't miss or skip doses. The recommended dose is one Emtricitabine/Tenofovir disoproxil Mylan tablet every day. Take Emtricitabine/Tenofovir disoproxil exactly as your doctor has told you.

Whenever possible, Emtricitabine/Tenofovir disoproxil Mylan should be taken with food. To help you remember to take Emtricitabine/Tenofovir disoproxil Mylan:

- You can make taking medication part of your routine, for example taking it with your lunch, or when you brush your teeth after breakfast. It is important to find a time that works for you.
- You can add a reminder to your mobile phone or any other device can alert you when it is time to take Emtricitabine/Tenofovir disoproxil each day
- You can also use a small weekly pill box and put in the necessary tablets every week
- You might also find it helpful to use the calendar to tick off each day after you take Emtricitabine/Tenofovir disoproxil Mylan. Starting in your first week, tick the day when you start Emtricitabine/Tenofovir disoproxil, then tick the relevant box every day after you have taken Emtricitabine/Tenofovir disoproxil. You can also make note of the date when you took the first Emtricitabine/Tenofovir disoproxil Mylan tablet from a new bottle. If you are not sure if you took the tablet, you could count the number of tablets left in the bottle (each new bottle contains 30 tablets)

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After 30 days (one bottle of tablets), you will need to start a new calendar.

If you already use a calendar on your phone or PC, you could add a daily reminder for Emtricitabine/Tenofovir disoproxil Mylan.

	Sun	Mon	Tue	Wed	Thu	Fri	Sat
Week 1							
Week 2							
Week 3							
Week 4							
Week 5							

**Date when you took the 1st Emtricitabine/Tenofovir disoproxil Mylan
tablet from a new bottle: (day/month/year): / /**

Appointment reminder

Your next clinic appointment is:

Appointment	Date	Time	Location

Local version 1.0

NCA approval date 09-FEB-2022