Marketing Authorisation Assessments

How do we carry out this function at the Medicines Authority?



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This presentation is first and foremost a:

- 1. Sales pitch for scientists to join the Medicines Authority
- 2. Meant to shed light on how at the Medicines Authority we assess Marketing Authorisation applications
- 3. Present you with a different way at looking at Medicinal products



For a product to be placed on the Maltese market an applicant needs to submit a Marketing Authorisation Application to the Medicines Authority.

The Marketing Authorisation Application contains all the Documentation required to prove that a medicinal product is of Good Quality/ Efficacy/ Safe to be placed on the market.



According to Directive 2001/83/EC

- A Marketing Authorisation application submitted through the Centralised/ Decentralised procedures takes 210 Days.
- This time period excludes any clock stops during the procedure.
- Applicants submit responses to LOQs raised by Regulatory agencies involved in the procedure.



So what happens once a Marketing Authorisation Assessment is lodged with the Medicines Authority?

- 1. Date stamped
- 2. Validation
- Assessment process- Step I Day 0 → Day 105
- Assessment- Step II
 Day 106 → Day 210
- 5. Issue MA. Only if positive benefit-risk (B/R)



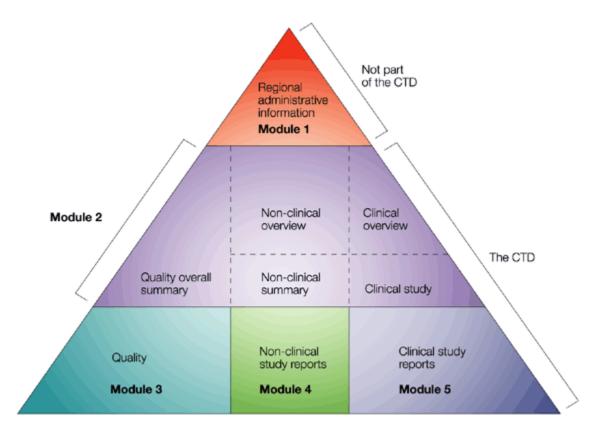
Therefore assessment of a Marketing Authorisation assessment is based on a B/R assessment of the Documentation submitted by Applicants.



How does one submit a Marketing Authorisation assessment and what constitutes the documentation for a Marketing Authorisation assessment?

Common technical document

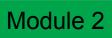






What documents constitute Modules 2/3/ 4/ 5?

Module 2				
2.1	OVERALL CTD TABLE OF CONTENTS OF MODULES 2, 3, 4, AND 5			
2.2	INTRODUCTION			
2.3	QUALITY OVERALL SUMMARY			
2.3.S	DRUG SUBSTANCE			
2.3.S.1	General Information			
2.3.S.2	Manufacture			
2.3.S.3	Characterization			
2.3.S.4	Control of Drug Substance			
2.3.S.5	Reference Standards or Materials			
2.3.S.6	Container Closure System			
2.3.S.7	Stability			
2.3.P	DRUG PRODUCT			
2.3.P.1	Description and Composition of the Drug Product			
2.3.P.2	Pharmaceutical Development			
2.3.P.3	Manufacture			
2.3.P.4	Control of Excipients			
2.3.P.5	Control of Drug Product			
2.3.P.6	Reference Standards or Materials			
2.3.P.7	Container Closure System			
2.3.P.8	Stability			







	Module 2 (Cont.)
2.3.A	APPENDICES
2.3.A.1	Facilities and Equipment
2.3.A.2	Adventitious Agents Safety Evaluation
2.3.A.3	Novel Excipients
2.3.R	REGIONAL INFORMATION
2.4	NONCLINICAL OVERVIEW
2.4.1	Overview of the Nonclinical Testing Strategy
2.4.2	Pharmacology
2.4.3	Pharmacokinetics
2.4.4	Toxicology
2.4.5	Integrated Overview and Conclusions
2.4.6	List of Literature Citations
2.5	CLINICAL OVERVIEW
2.5.1	Product Development Rationale
2.5.2	Overview of Biopharmaceutics
2.5.3	Overview of Clinical Pharmacology
2.5.4	Overview of Efficacy
2.5.5	Overview of Safety
2.5.6	Benefits and Risks Conclusions
2.5.7	References

Module 2 (Cont.)				
2.6	CONTENT OF NONCLINICAL WRITTEN AND TABULATED SUMMARIES			
2.6.1	Introduction			
2.6.2	Pharmacology Written Summary			
2.6.3	Pharmacology Tabulated Summary (Appendix B)			
2.6.4	Pharmacokinetics Written Summary			
2.6.5	Pharmacokinetics Tabulated Summary (Appendix B)			
2.6.6	Toxicology Written Summary			
2.6.7	Toxicology Tabulated Summary (Appendix B)			
2.7	CLINICAL SUMMARY			
2.7.1	Summary of Biopharmaceutics and Associated Analytical Methods			
2.7.2	Summary of Clinical Pharmacology Studies			
2.7.3	Summary of Clinical Efficacy			
2.7.4	Summary of Clinical Safety			
2.7.5	References			
2.7.6	Synopses of Individual Studies			



Module 3				
3.1	MODULE 3 TABLE OF CONTENTS			
3.2	BODY OF DATA			
3.2.S	DRUG SUBSTANCE			
3.2.S.1	General Information			
3.2.S.2	Manufacture			
3.2.S.3	Characterisation			
3.2.S.4	Control of Drug Substance			
3.2.S.5	Reference Standards or Materials			
3.2.S.6	Container Closure System			
3.2.S.7	Stability			
3.2.P	DRUG PRODUCT			
3.2.P.1	Description and Composition of the Drug Product			
3.2.P.2	Pharmaceutical Development			
3.2.P.3	Manufacture			
3.2.P.4	Control of Excipients			
3.2.P.5	Control of Drug Product			
3.2.P.6	Reference Standards or Materials			
3.2.P.7	Container Closure System			
3.2.P.8	Stability			

	Module 3 (Cont.)
3.2.A	APPENDICES
3.2.A.1	Facilities and Equipment
3.2.A.2	Adventitious Agents Safety Evaluation
3.2.A.3	Novel Excipients
3.2.R	REGIONAL INFORMATION
3.3	LITERATURE REFERENCES



	Module 4				
4.1	MODULE 4 TABLE OF CONTENTS				
4.2	STUDY REPORTS				
4.2.1	Pharmacology				
4.2.2	Pharmacokinetics				
4.2.3	Toxicology				
4.3	LITERATURE REFERENCES				



	Module 5
5.1	MODULE 5 TABLE OF CONTENTS
5.2	TABULAR LISTINGS OF ALL CLINICAL STUDIES
5.3	CLINICAL STUDY REPORTS
5.3.1	Reports of Biopharmaceutic Studies
5.3.2	Reports of Studies Pertinent to Pharmacokinetics
	using Human Biomaterials
5.3.3	Reports of Human Pharmacokinetic (PK) Studies
5.3.4	Reports of Human Pharmacodynamic (PD) Studies
5.3.5	Reports of Efficacy and Safety Studies
5.3.6	Reports of Post-Marketing Experience
5.3.7	Case Report Forms and Individual Patient Listings
5.4	LITERATURE REFERENCES



Clinical

- a) Literature References
- b) Bio Study Report
- Bio study report
- Bio study analytical report
- Bio study analytical validation report



Importantly, information from Modules 3/ 4/ 5 feed into the Summary of Product Characteristics

Module 3- Section 2,3

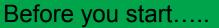
Module 4- Section 5.1/ 4.6

Module 5- All of Section 4/5.2



The process of granting a marketing authorisation application is a legal scientific activity, where an assessment report needs to be written in the appropriate detail to withstand legal scrutiny (especially in court).

My opinion: assessment is a similar activity to peer-reviewing publications for International Scientific journals ensuring that legal/guideline/pharmacopeial standards are implemented by applicants, Improtantly scientific interpretation of the conclusions presented by companies essentially involves a lot of 'thought' by the assessor.



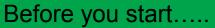


1. Get to know you product!!

An example: For the registration of <u>Risperidone</u> ask your self what do you need to support a Marketing Authorisation application?

Both parent and metabolite are active, therefore I would expect a BE study to test for both parent and metabolite.

- Which strength needs o be tested? Highest or lowest?
- Which is most sensitive strength to be tested in a BE study that is adequately powered to identify formulation differences? The choice depends if the PK profile for absorption that is linear or non-linear for the parent or active.





2. Get information on the Reference Product (National vs. EU Ref product)

- Usually the Summary of product characteristics of reference product.
- Standard Reference Medical text books like the DSM-IV, Diagnostic Safety Manual- IV.
- Other Assessment Reports on ongoing DCP/ MRPs or ones that have been recently finalised.





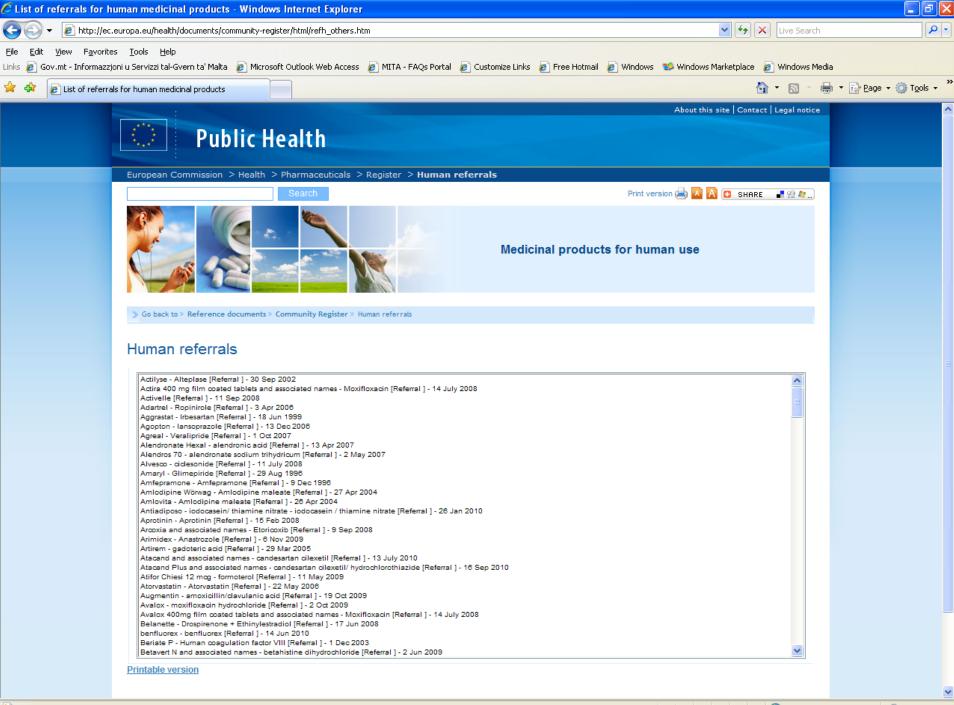
- 3. Get documentation (continued)
- Check the European Commission website- community register for the outcome of any EU wide Referral on Risperilone.
- Check the Heads of Medicines Agencies website for:
 - Any recommendations from the Pharmacovigilance working party on safety updates to the SmPC
 - The EU- harmonised birth late for Periodic Safety update report submissions
- Check the EMA's Pharmacovigilance Tracking Tool for issues/ risks being tracked at an EU level on Risperidone.
- Get other SmPCs from www.maltamedicineslist.com.

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- Go to EMA website and download latest guidelines and Assessment reports template.
- Go to EMA website and download guidelines on Bioequivalence (BE) and Questions and Answers document on BE.

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About CMDh	 For further details, please see the relevant PhVWP Monthly Report a the EMEA website under <u>CHMP Pharmacovigilance Working Party</u> 	and the related Publication Policy published on			
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CMDh-Referrals	Risk of psychiatric adverse drug reactions to inhaled and intranasal co	rticosteroids and risk of non-psychiatric			
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PhVWP Recommendations	Agreed wording in <u>SPC</u> and PL Click <u>here</u>				
CMDh Recommendations	Long-Acting Beta Agonists (LABAs) - Increased risk of exacerbation of	asthma symptoms			
Harmonisation of SPCs - Article 30 Referrals	Agreed wording in <u>SPC</u> and PL Click <u>here</u>				
Core SPC/PL	Tamoxifen and the risk of variability in clinical response due to CYP2D	6 genetic variants or when given with			
Advice from CMDh	CYP2D6 inhibitors				
Templates	Agreed wording in SPC and PL				
CMD subgroups / working groups	Click <u>here</u>				
Paediatric Regulation	Alendronate and the risk of oesophageal cancer				
Questions & Answers	Agreed wording in SPC and PL				
Contact Form	Click <u>here</u>				
Contact Points	Camphor containing ointments and risk of unintented oral ingestion				
What's new history	Agreed wording in <u>SPC</u> and PL Click <u>here</u>				
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	safety	Investigation of bioequivalence	Overview of comments Adopted guideline	CPMP/EWP/Q WP/1401/98	Jan 2010	1 Aug 2010		
	 Clinical pharmacology and 		Draft guideline	Rev. 1				
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	Alimentary track and metabolism	Questions & Answers:	尨 Adopted guideline		Aug 2010			
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CMDh-Referrals	<u>.doc</u> / <u>.dot</u>		
Product Information	Last update February 2008		
Advice from CMDh			
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CMD subgroups / working groups	. <u>doc</u> / <u>.dot</u>		
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- Risperidone is a benzisoxasole derivative with an active metabolite, 9-hydroxy-risperidone. It is a second generation antipsychotic agent which combines potent serotonin 5-HT2 and dopamine D2 receptor antagonism. It has been shown to be effective against both positive and negative symptoms of schizophrenia and to have fewer extra-pyramidal side-effects than conventional antipsychotics.
- It is indicated in the treatment of:
- Chronic schizophrenia including acute exacerabations
- Chronic aggressive or psychotic symptoms of dementia
- Manic episodes in bipolar disorders
- Impulse control disorders with aggression or harm to self or others in patients with reduced intelligence.



Generics

"BIOAVAILABILTY AND BIOEQUIVALENCE ASSESSMENT"



- Pharmaceutical equivalence : Medicinal products are pharmaceutically equivalent if they contain the same amount of same active substance(s) in the same dosage forms that meet the same or comparable standards.
- Pharmaceutical equivalence might not imply bioequivalence as differences in excipients and or manufacturing process can lead to faster/slower dissolution and/or absorption.



• Pharmaceutical alternatives – same active substance with different salts/ester, etc.



- Bioavailability <u>rate</u> and <u>extent</u> to which the active substance or active moiety is absorbed from a pharmaceutical form and becomes available at the site of action (i.e. general circulation)
- Absolute bioavailability = comparison of dosage form vs IV
- Relative bioavailability = 1 dosage form vs another (tablets vs oral solution)



Bioequivalent if two medicinal products are:-

- 1. pharmaceutical alternatives or pharmaceutical alternatives
- bioavailability is the same (i.e. rate and extent + safety + efficacy)



Types of Bioavailability studies

- 1. Pharmacokinetic
- 2. Pharmacodynamic with clinical end points (say for example local topical applications)
- 3. In vitrio studies with appropriate justification



Essentially Similar Products

- A medicinal product is essentially similar to an original product where it satisfies the criteria of having the same:
- Qualitative and quantitative composition in terms of active substance.
- Pharmaceutical form
- Bioequivalent
- Safety and efficacy



Therapeutically Equivalent

- 1. Contains the same active substance and therapeutic moiety
- 2. Shows same efficacy and safety
- Bioequivalence most appropriate method of substantiating therapeutic equivalence between medicinal products.
- Cases where similar extent of absorptions but different rates of absorption are observed the products can still be judged therapeutically equivalent if those differences are not of therapeutic relevance
- A CT will be needed!



Guidelines

EMEA (EU)

- Note for Guidance on the Investigation of Bioavailability and Bioequivalence CPMP/EWP/QWP/1401/98
- Note for Guidance on Modified Release Oral and Transdermal Dosage Forms: Section II (Pharmacokinetic and Clinical Evaluation) CPMP/EWP/280/96

Continues...



Guidelines (continues)

<u>WHO:</u>

Marketing Authorization of Pharmaceutical Products with Special Reference to Multisource (Generic) Products / Regulatory Support Series, No 5 (WHO/DMP/RGS/98.5).



Guidelines (continues)

- Guidance for Industry: Bioavailability and Bioequivalence Studies for Orally Administered Drug Products – General Considerations (FDA, March 2003)
- Guidance for Industry: Bioequivalence Guidance (FDA, October 9, 2002)
- Guidance for Industry: Conduct and Analysis of Bioavailability and Bioequivalence Studies – Part A: Oral Dosage Formulations Used for Systemic Effects (Canada, 1992)



Immediate release product

Preparations showing a release of the active substance(s) which is not deliberately modified by a special formulation design and/or manufacturing method:

≻tablets





Immediate release product

Usually a single dose study in fasting state is adequate.

✤ If the application contains several strengths of the active substance, bioequivalence study only with one strength may be acceptable → dissolution profiles with each strength.

If food enhances or interferes with drug absorption, a bioequivalence study in fed state should be performed.



Immediate release product

If label indicates 'should be administered in fed or fasting state' then bioequivalence study should be performed accordingly.

* A single dose study at a higher than approved dose may be appropriate for certain drugs (\rightarrow difficulties in bioanalytics).



The amount of bioequivalence studies with preparations containing several strengths

If the application contains several strengths of a immediate release oral dosage form bioequivalence study only with one strength may be acceptable. The following conditions should be fulfilled:

The products are manufactured by the same manufacturer and process

Qualitative composition of the different strength is the same

Continues...



The amount of bioequivalence studies with preparations containing several strengths

Ratio between amounts of active substance and excipients is the same (or in case of preparations containing low concentration of the active substance; <5 %; the ratio between amount of excipients is similar)

- The dissolution profiles of the test products are similar
- The drug input should be linear over the therapeutic dose range



Design and Conduct of BE Study

- 1. GCP
- 2. Ethical approval
- The study is a comparative bioavailability study designed to establish equivalence between test and reference products.



Design of BE Study

- 1. Important that the effect of the formulation can be distinguished.
- 2. For a comparison of two medicinal products, a 2-period, 2sequence crossover design is best.
- If all subjects receive two treatments in the same order, observed differences between treatments would be confounded with any other changes that occur over time. For example in a study on cholesterol, subjects might change diet and exercise. This might affect cholesterol levels that might be attributed to the second treatment.



2-period, 2-sequence crossover design

- 1/2 of subjects receive treatment A followed by treatment B
- 1/2 of subjects receive treatment B followed by treatment A
- Parallel designs can be considered for active ingredients with a long t¹/₂
- Single dose studies usually suffice
- Steady-state studies may be required in case of:-
 - 1. Dose or time dependant pharmacokinetics
 - 2. Modified release products
 - 3. Problems of sensitivity to quantify plasma concentrations after a single dose
 - Intra-individual variability in plasma concentration, as disposition does not help in demonstrating bioequivalence in a single dose study and this variability is reduced at steady state.



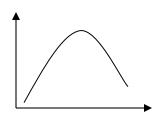
Number of subjects determined by:

- Error of variance associated with the primary characteristic to be studied as estimated from a pilot experiment.
- Significance level desired.
- Expected deviation from the reference product.
- Required power.

Number of points should be > 12



- Treatments should be separated by adequate wash out in SS. The washout in previous treatment can overlap with the build-up of the second treatment, provided the build up period is sufficiently long (at least 3 x the t¹/₂).
- Sampling schedule planned to provide correct estimation of Cmax
- Reliable estimate of terminal half-life it is to be collected 3-4 samples during the terminal log linear phase.





Subjects

Selection Criteria:-

- Minimise variability
- Healthy volunteers
- Include/exclude criteria in the protocol
- Risk to child bearing potential considered
- Age 18 55
- Normal BMI
- Screened to clinical lab tests



- In most cases, measurement of active ingredient is carried out but sometimes of the metabolite (if there are difficulties in measuring the active ingredient), justification required.
- Parameters measured
- AUCt, AUC∞, Cmax, Tmax, t¹⁄₂
- for studies in steady state
- AUCt, Tmax, Cmin and fluctuation (Cmax Cmin) (Cav

AUCt is the most reliable reflection of the extent of absorption.



Chemical Analysis

Bioanalytical methods should be characterised by GLP.

- 1. Stability for stock solutions and analytes during entire period of storage.
- 2. Specificity
- 3. Accuracy
- 4. Precision
- 5. Limit of quantification
- 6. Response function

Calibration for each analyte. SOPs



Data Analysis

To quantify the difference in bioavailability between A and B and demonstrate that clinically important difference is unlikely.



Stats

Stats method for testing relative bioavailability is based upon the 90% confidence interval for the ratio of the population means (test/reference) for parameters under consideration.

i.e. 2-one-sided test procedure with null hypothesis of bioinequivalence of 5%

Analysis is using ANOVA.



Acceptance ranges

AUC ratios and Cmax ratio 90% CIs with acceptance interval of 0.8 – 1.25.

If product has a narrow therapeutic range tighter.

Others Stat evaluation of tmax only makes sense if there is a clinically relevant claim for rapid release or AEs.



Case Study 10

EMEA/H/A-xx/xx Referral

CHMP outcome



XXX YY – CMDh referral

Scope

- Referral under article 29(4) of directive 2001/83/EC as amended.
- Concerns XXX 70 mg containing 70 mg Alendronate.
- Referred to the CHMP by the RMS following potential serious risk to public health raised by 1 MS.



- ✤ 3 Questions were put forward to the company.
- Qs focus on Efficacy, Safety and Quality.



Q1

The Applicant/MAH has conducted a BE study to support the MA of the generic alendronate product (XXXX YY). The CI of the AUC difference of cumulative urinary excretion (Ae0-36) between XXXX YY and the reference product is 105.57 – 129.34%. The Applicant should justify that, based on the results presented, XXXX YY can be considered <u>bioequivalent</u> to the reference product (Fosamax MSD).



Applicant response:

- * Alendronate (a member of the bisphosphonates class) has a very low bioavailability (approx 0.6%), long and not fully determined $t_{1/2}$ estimated at 10 years.
- Slow bone remodeling suggestive that difference in systemic exposure is of no clinical significance.
- Absorbed Alendronate is partially retained in the skeleton (for a long time) and the rest is eliminated by renal excretion.



Applicant response:

- The effects of pH-increasing agents or whether given 30 min – 2 hours prior to a meal are indistinguishable, and the observed BA may be decreased by 40 % leading to a BE of 0.36. (studies and SmPC of Fosamax). This seems to have no clinical relevance.
- The results of the BES show that XXX YY AUC lies in the 105.57%-129.34% CI. Leading to changes in absorption of 0.48-0.75. The real difference in absorption (if any) in the observed study is 0.026% above the narrow upper limit. This is unimportant taking into account the food effect.



Applicant's Response

- Taking into account that the treatment of osteoporosis is chronic.
- Alendronate acts as a specific inhibitor of osteoclastmediated bone resorption, and has sustained reduction of biochemical markers of bone remodeling resulting in lower vertebral fractures. Dose-dependent inhibition of bone resorbption, including decreases in markers of bone collagen degradation.
- Biochemical changes tend to return towards the baseline values as early as 3 weeks after discontinuation of treatment.



Assessment on the applicant's response :

- The clinical relevance in the deviation of the accepted BE CI criteria were not discussed.
- The Applicant does not discuss whether the 2 products are BE.



- Data from the BES yield point estimates (90% CI) of AUCe of 116.9% (105.57%-129.34%) and for Rmax of 115.5% (105.19%-126.74%) Outside the acceptance limits
- Widening of the CI was mentioned in the protocol for Rmax but not for AUCe. The absence of a prospective discussion for widening acceptance criterion leaves room for data driven analysis
- The applicant points out that the failed BE might be probably due to variability. The %CV of 38% and 35% for AUCe and Rmax respectively were expected. Based on these expectations the applicant included n=80 for the BES in order to cope with the high CV. Therefore the high %CV does not provide an explanation for missing the acceptance criterion with this properly sized BES.



- Other generics met these CIs!
- Bioequivalence as per EU guideline has not been demonstrated



Q2

Whether the observed differences in outcomes of the BES between tested and reference product is of concern to increased incidence of AEs being thus PSR to PH?



Applicants response

- Alendronate produces GI AEs. The GI AEs of bisphosphonates have been well documented. They occur in up to 30% of patients and are due to the local irritation of the GI by alendronate. The GI AEs can occur within 30 min of the dosage being ingested.
- XXX YY is ingested once a week and has a better GI Safety profile than alendronate 10 mg preparations.
- The small difference in BES of XXXX YY could therefore, not be associated with higher incidence of AEs.



The applicant provides in my opinion sound clinical argumentation, however he does not satisfy the legal regulatory perspective.



- AEs are likely to occur for both the reference and tested products.
- The registration of a generic is based on the data from the originator. The aim of the BES is to allow data from the innovator dossier to be also applicable to the generic, in such a way to ensure that efficacy and safety of generic is comparable with that of the innovator.
- Generics should be interchangeable with the innovator product in order to be switched according to the policy for subscription of generics in many EU MSs. BE is fundamental in order to establish inter-changeability. This was recognised by the Applicant by having an acceptance range of 0.8 to 1.25 for Ae as predefined in the protocol. Therefore, post-hoc deviation from the relevant guideline is not acceptable.



Q3

Do the differences in excipients in the product formulations of XXX YY and the reference product have an influence on the safety profile of XXXX YY?



Applicant's Response:

- Differences in excipients do not explain the results: the disintegrants Croscarmellose Sodium (Fosamax) and Maise Starch (XXX YY) – are widely used excipients in line with the Ph Eur. The concentrations of these disintegrants in tablets are pre determined in the Ph Eur monograph and these were followed by the company. The company also explains that pH will also have no effect on the disintegration time.
- Disintegration/Dissolution studies were conducted by the company with different batches of both test and reference product. The results indicate that for both formulations the submitted data on dissolution shows that the product for registration has comparable properties compared to the reference product. The dissolution profile show that the tablets dissolve fast (>85% after 15 min) in the in-vitro situation.



Assessment

- The excipients are widely used and common. Use of starch is acceptable.
- Mannitol is also used as a diluent, use of this excipient can result in decreased gastric emptying which can affect BE. However, in the concentration that mannitol has been used (10-90% w/w of a 100mg tablet!!!) such an effect is not expected.
- The dissolution studies show that test and reference products are comparable.
- From a quality perspective no problems with safety and BA.



Outcome of referral

Adequate proof of BE between XXX YY and the innovator Fosamax 70 is lacking. The calculated 90% CI for the urinary parameter A_{36h} was 105.57-129.34 i.e. outside the predefined and appropriate 0.80 – 1.25 criterion. According to the CHMP NfN CPMP/EWP/QWP/1401/98, widening of the acceptance range should be prospectively defined based on relevant data. Post-hoc widening of the acceptance range for the 90% CI for Ae, as proposed by the applicant is considered data driven analysis and therefore not acceptable.

Thank You

