

Patient reminder card (including appointment table)

Patient Reminder Card

Doctor's name:

Telephone:

A-CNOTREN (isotretinoin) must not be taken during pregnancy.

A-CNOTREN (isotretinoin) can seriously harm an unborn baby if a pregnant woman takes it.

If you become pregnant or think you might be pregnant, stop taking A-CNOTREN (isotretinoin) immediately and contact your doctor

Read the package leaflet carefully before you start treatment.

If you have any questions or concerns about taking A-CNOTREN (isotretinoin), talk to your doctor or pharmacist.

What you have to do if you could become pregnant:

• **You must use at least 1 highly effective method of contraception (such as an intra-uterine device or an implant) or correctly use 2 effective methods of birth control that work in different ways (such as an oral contraceptive together with a condom) before, during and for 1 month after stopping treatment.**

• **You must not become pregnant** while taking A-CNOTREN (isotretinoin), or for 1 month after stopping treatment.

• **You must attend regular follow-up visits and have regular pregnancy testing:**

- Before you start treatment, you will have to have a pregnancy test, which must be negative.

- To make sure you are not pregnant during treatment, you should have regular pregnancy tests, ideally every month. You should also have a final pregnancy test 1 month after stopping treatment

Reminder for men and women

This medication has been prescribed to you only, **do not share it with anybody and return any unused capsules back to the pharmacy.**

