

PACKAGE LEAFLET: INFORMATION FOR THE PATIENT

STIMOL 1g/10ml, oral solution in sachet

Citrulline malate

Read all of this leaflet carefully before you start taking this medicine because it contains important information for you.

Always take this medicine exactly as described in this leaflet or as your doctor or pharmacist has told you.

- Keep this leaflet. You may need to read it again.
- Ask your pharmacist if you need more information or advice.
- If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. See section 4.
- You must talk to a doctor if you do not feel better or if you feel worse after 28 days.

What is in this leaflet

1. What STIMOL 1g/10ml, oral solution in sachet is and what it is used for
2. What do you need to know before you take STIMOL 1g/10ml, oral solution in sachet
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1. WHAT STIMOL 1g/10ml, oral solution in sachet IS AND WHAT IT IS USED FOR

Pharmacotherapeutic group: antiasthenic drug. (A: Digestive tract and metabolism).

Therapeutic indications: Stimol is indicated in cases of episodes of tiredness (asthenia) in adults and in children above 6 years of age.

You must talk to a doctor if you do not feel better or if you feel worse after 28 days.

2. WHAT DO YOU NEED TO KNOW BEFORE YOU TAKE STIMOL 1g/10ml, oral solution in sachet

DO NOT TAKE STIMOL 1g/10ml, oral solution in sachet

If you are allergic to citrulline malate or any of the other ingredients of this medicine (listed in section 6).

Warnings and precautions

Talk to your doctor or pharmacist before taking Stimol 1g/10ml, oral solution in sachet.

- This medicine contains sodium. One sachet contains 1.3mmol (or 30mg) of sodium, it must be taken into account for patients with a controlled sodium diet.
- Due to the acid pH of the solution, the contents of the sachets has to be diluted in a glass of water.
- The occurrence of tiredness in children under 6, even if it seems occasional, requires a medical advice.
- A persistent tiredness must not lead to increase the doses.

Other medicines and STIMOL 1g/10ml, oral solution in sachet

Tell your doctor or pharmacist if you are taking, have recently taken or might take any other medicines.

Pregnancy and breast-feeding

The use of this medicine must generally be avoided during pregnancy.

If you discover that you are pregnant during the treatment, consult your doctor as only he can decide if it is necessary to go on the treatment.

The use of this medicine must be avoided during breast-feeding.

If you are pregnant or breast-feeding, think you may be pregnant or are planning to have a baby, ask your doctor or pharmacist for advice before taking this medicine.

Driving and using machines

Not relevant.

STIMOL 1g/10ml, oral solution in sachet contains sodium.**3. HOW TO TAKE STIMOL 1g/10ml, oral solution in sachet**

Always take this medicine exactly as described in this leaflet or as your doctor or pharmacist has told you. Check with your doctor or pharmacist if you are not sure.

The recommended dose is:

Adult: 3 sachets daily, in several intakes.

Children above 6 years: 2 sachets daily, in several intakes.

Oral use. Dilute the contents of the sachets in a glass of water.

Do not exceed 28 days of treatment.

If you take more STIMOL 1g/10ml, oral solution in sachet than you should

In case of overdose the side effects can be worsened (gastrointestinal troubles).

If you forget to take STIMOL 1g/10ml, oral solution in sachet

Do not take a double dose to make up for a forgotten sachet.

If you have any further questions on the use of this medicine, ask your doctor or pharmacist.

4. POSSIBLE SIDE EFFECTS

Like all medicines, this medicine can cause side effects, although not everybody gets them.

- Rare (may affect up to 1 in 1,000 people): light gastric burnings at the beginning of the treatment.

Reporting of side effects

If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the national reporting system. ADR Reporting – Website: www.medicinesauthority.gov.mt/adrportal

By reporting side effects you can help provide more information on the safety of this medicine.

5. HOW TO STORE STIMOL 1g/10ml, oral solution in sachet

Keep this medicine out of the sight and reach of children.

Do not use this medicine after the expiry date which is stated on the outer carton and the sachets.

Do not throw away any medicines via wastewater or household waste. Ask your pharmacist how to throw away medicines you no longer use. These measures will help protect the environment.

6. CONTENTS OF THE PACK AND OTHER INFORMATION

What STIMOL 1g/10ml, oral solution in sachet contains

The active substance is:

Citrulline malate ----- 1.00 g
For one 10ml sachet.

The other ingredients are:

Natural sangria orange solution, concentrated sodium hydroxide solution, purified water.

What STIMOL 1g/10ml, oral solution in sachet looks like and contents of the pack

This medicine is an oral solution packed in a 10ml sachet.

Box of 18 sachets.

Marketing Authorization Holder and Manufacturer

Marketing Authorization Holder

BIOCODEX

22 rue des Aqueducs

94250 Gentilly - FRANCE

Manufacturer

BIOCODEX

1 avenue Blaise Pascal

60000 Beauvais - FRANCE

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