Package leaflet: Information for the user

EUCARBON® Tablets

Senna leaf, Rhubarb extract, Powdered charcoal, Purified sulphur

Read all of this leaflet carefully before you start using this medicine because it contains important information for you.
Always take this medicine exactly as described in this leaflet or as your doctor or pharmacist have told you.
- Keep this leaflet. You may need to read it again.
- Ask your pharmacist if you need more information or advice.
- If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. See section 4.
- You must talk to a doctor if you do not feel better or if you feel worse after 7-14 days.

What is in this leaflet

1. What EUCARBON is and what it is used for
2. What you need to know before you take EUCARBON
3. How to take EUCARBON
4. Possible side effects
5. How to store EUCARBON
6. Contents of the pack and other information

1. What EUCARBON is and what it is used for

The active ingredients contained in EUCARBON® are exclusively of vegetable and mineral origin. The effect of EUCARBON® is twofold: it regulates the bowel functions and acts as a mild laxative. The vegetable charcoal adsorbs toxic substances originating from bacteria and from metabolic processes; senna leaves and rhizome of rhubarb speed up the discharge of the toxins adsorbed by the charcoal. EUCARBON® takes its slightly laxative effect approx. 8 - 10 hours after administration. If you have been told by your doctor that you have an intolerance to some sugars, contact your doctor before taking this medicinal product.

EUCARBON® is used for
- Sluggishness of the bowels
- All forms of constipation
- Fermenting and putrefying processes in the intestines
- Meteorism
- Flatulence (evelated diaphragm)
- Intestinal autointoxication
- Haemorrhoidal obstipation

2. What you need to know before you take EUCARBON

Do not take EUCARBON:
- if you are allergic to one of the active substances or any of the other ingredients of this medicine (listed in section 6).
- if you have gastro-duodenal ulcers,
- if you have appendicitis or other intestinal inflammations,
- if you have intestinal occlusion.
- if you have unidentified abdominal pain,
- if you are pregnant,

- if you are in nursing period.
- Children under 12 years of age.

Warnings and precautions
Talk to your doctor or pharmacist before taking EUCARBON Tablets.

Do not use EUCARBON® for slimming diets.

If complaints continue to persist or if the expected effect is not obtained, seek medical advice as soon as possible.

Effectiveness may decline in case of long-term use.

Children
Eucarbon® must not be used in children under 12 years of age.

Other medicines and EUCARBON Tablets
Tell your doctor or pharmacist if you are taking, have recently taken or might take any other medicines.

In case of increased hypocalemia (lack of potassium), the effect of certain cardiac remedies (cardiac glycosides) may be increased.

Pregnancy and breast-feeding
EUCARBON® must not be used during pregnancy and lactation.

Driving and using machines
None.

3. How to take EUCARBON Tablets

Always take use this medicine exactly as described in this leaflet or as your doctor or pharmacist have told you. Check with your doctor or pharmacist if you are not sure.

EUCARBON Tablets should be taken with an ample amount of liquid. Unless prescribed otherwise, keep strictly to dosage. The dosage at which the desired effect is obtained may vary very much individually.

Adults and children over 12 years: 1 - 2 tabs up to 3 times a day during or after meals in order to achieve mild laxative effect and reduce flatulence. For stronger laxative effect dosage may be increased to up to 3 or 4 tabs in the evening.

For intensive cleansing and complete elimination of gases (before X-ray exams etc.): 6 to 8 tabs on the night preceding the examination.

If your take more Eucarbon than you should
Diarrhoea is a sign of overdose. Do not use for an extended period of time (more than 1 - 2 weeks) unless prescribed by your doctor.

4. Possible side effects

Like all medicines, this medicine can cause side effects, although not everybody gets them.

None, if dosage is observed. In single cases abdominal pain and diarrhoea and, in very rare cases, nausea and vomiting have occurred. This may be a sign of overdose. If large doses are taken over a long space of time, this may cause loss of mineral salts which may result in weakening of the muscles and intensified constipation.
An occasional slight reddish colouring of the urine (alkaline reaction) may occur.This is of no significance.

Reporting of side effects
If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via ADR Reporting, Website: www.medicinesauthority.gov.mt/adrportal. By reporting side effects you can help provide more information on the safety of this medicine.

5. How to store EUCARBON Tablets

Keep this medicine out of the sight and reach of children.

Do not use this medicine after the expiry date which is stated on the carton “Exp. Date”. The expiry date refers to the last day of that month.

For package of 10, 30, 50 and 500 tablets light protection is required.Store in the original package in order to protect from light.

6. Contents of the pack and other information

What EUCARBON Tablets contains

- The active substances are
  105 mg of Senna leaf
  25 mg of Rhubarb extract
  180 mg of Powdered Charcoal.
  50 mg of purified Sulphur

The other excipients are. mint oil, sucrose, gum Arabic, kaolin, talc.
..

What EUCARBON Tablets looks like and contents of the pack

Grey-black, non-coated tablets, in packs of 10, 30, 50, 100 and 500 tablets.

Marketing Authorisation Holder and Manufacturer

F. Trenka chem.- pharm. Fabrik GmbH, Prinz-Eugen-Straße 70, 1040 Vienna,
Austria

This leaflet was last revised in 04/2024.